August 2026 MaineStreamer's Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 10:00-11:30 Mah Jongg 10:30-11:30 Senior Aerobics 6:00 - 7:30 Yoga	4 12:00-1:00 Chair Yoga 6:00-7:30 Tailgate Bingo	5 11:15 - 12:15 Senior Aerobics *(Rain Date for Tailgate Bingo)*	6 10:15-11:15 Zumba Gold 12:30-2:30 Bingo Day Trip: Valentino Vineyard & Winery 11:00-5:30	7 2:00-3:30 Informative George Clooney Presenter: Barry Bradford 3:00-4:00 Balance Class	8
9	10 10:00-11:30 Mah Jongg 10:30-11:30 Senior Aerobics 6:00 - 7:30 Yoga	11 8:30 Mailing 12:00-1:00 Chair Yoga 12:30-2:30 Day at the Races	12 11:15-12:15 Senior Aerobics Day Trip: A Day in Appleton, WI 6:30-7:00	13 10:15 - 11:15 Zumba Gold	14 3:00-4:00 Balance Class	15
16	17 10:00-11:30 Mah Jongg 10:30-11:30 Senior Aerobics 2:00-3:00 Floral Class 6:00 - 7:30 Yoga	18 8:00 Online Registration Sept. & Oct. Newsletter 12:00-1:00 Chair Yoga	19 11:15 - 12:15 Senior Aerobics Day Trip: Crosstown Classic 11:00-5:00	20 10:15 - 11:15 Zumba Gold 1:00-2:00 Health Program Foot & Ankle Health	21 3:00-4:00 Balance Class	22
23	24 10:00-11:30 Mah Jongg 10:30-11:30 Senior Aerobics	25 12:00-1:00 Chair Yoga *(Makeup)* 2:30-4:30 Monthly Movie "The Last Rodeo"	26 11:15 - 12:15 Senior Aerobics *(Makeup)* Day Trip: Buddy Holly 10:30-5:15	27 10:15-11:15 Zumba Gold *(Makeup)* 10:30-12:00 Advisory Council Meeting	28 1:00-3:00 Embossed Aluminum Design 3:00-400 Balance Class (Makeup)	29
30	31 10:00-11:30 Mah Jongg 10:30-11:30 Senior Aerobics *(Makeup)* 6:00-7:30 Yoga *(Makeup)*					